December 2012

Buckeye Region of Narcotics Anonymous



BRSCNA BULLETIN

Special points of interest:

- Welcome
- Home Group
- Clean Time
 Anniversaries
- Activities and Events

Welcome to OUR Buckeye Region Newsletter

Welcome, Buckeye Region family, to the first issue of OUR newsletter. In a spirit of unity and service, we are excited to carry the message of Narcotics Anonymous through members' personal recovery stories, creative writings, and art.

Our newsletter purpose statement says, "Our primary purpose is to carry the message of Narcotics Anonymous through the development and publishing of a newsletter to serve the Buckeye Region. We will distribute the newsletter bi-monthly as a service to its members and as a way to generate unity within the region."

It is our sincere hope that you will help us to carry out this purpose by contributing pieces of your own, sharing this newsletter with others, and providing us with feedback.

This is a WE program and we need your support to carry the message and to make this newsletter OUR newsletter. It belongs to all of us!

In loving service,

Buckeye Region Literature Subcommittee

Fishing and Relationships

INSIDE THIS ISSUE:

Letter to the Editor	2
Home Group	2
Clean Time	3
Events	3
How to Contribute	4
Release Form	4
Contact Us	4

I know, what a title! Well, these are the two things that were on my mind this past month. About 20 years ago, I went fishing with a good friend of mine (outfished him too). But this trip really was not about fishing, it was about relationships. It was about getting input from someone I trusted. I had gotten involved in a relationship and was pondering...is this "the one?" I had been working steps, praying, going to meetings, and doing all that had been suggested to me. Many had suggested it was too soon

to be involved; you know in NA we are quick to give advice, even though we are not experts in relationships.

On that beautiful day in August, I was given some direct and objective input and I am so grateful for that. The addict did not tell me what to do, but asked me some good questions and helped me to inventory that relationship. The process of sharing and taking inventory helps with any kind of relationship, be it a Higher Power, a sponsor/sponsee, or significant other.

I do not look to others to make decisions for me, however, I do look for constructive input and suggestions as it helps me to make better choices. I also know that within the Steps lies my solution; they guide me and help me to become the person I want to be.

So, it has been 20 years since this particular relationship began and we are still growing together. Every now and then I make a good choice...I believe this fish is a "keeper."

By Anonymous

Page 2 BRSCNA BULLETIN

Letter to the Editor

In the beginning, NA had just a few members. With few members, there were few problems. As the fellowship grew, there were more problems so they started the World Services Office with special workers as the 8th Tradition allows. The World Service has grown as the fellowship has grown. Now it has grown to the point that they have their own service manual. This makes it hard for the everyday recovering members of NA to know how the world level of service serves us members. Remember, they work for us. We pay them. They are special workers, not members.

Now as employers, do you know who they are? What are the different boards or committees that they work on for us? Do you know how much we pay these special workers? Do you know how they are accountable to us? As such, they are to take direction from us, the members of NA, not the other way around.

If this is all true, then why are they telling us how NA should look like and run? We are the employer; we pay them out of our 7th Tradition money! Why have we, the members, allowed them to be so powerful? We need to take our fellowship back so that it

is a fellowship for us by us. Every year, step by step, they at the world level have made themselves more powerful and us less powerful.

We are a fellowship that now numbers in the millions. We now can decide what is best for us! We have members from all walks of life and every employment background. The world level should not have a vote in anything at the World Service Conference or be able to make motions; they are not members. They should report to us about what we have told them to do and what problems they are having! They should only be able to answer questions and that is

it. They are just our special workers and as such, we tell them what to do.

The 2nd Concept says "The final responsibility and authority for NA service rests with the NA groups." We do not need another service manual that gives more power to the world level; we need one that gives the power back to the groups.

It is not where we have been, but where we are going.

Thom H. from NEOASCNA



Home Group ~ Part One

By Roy D. and Gary M.

This article describes what a Home Group is, why we need one, and how we use one. It also describes our idea of the Home Group's responsibility to teach its members the spiritual principles of recovery through the Steps and sharing through the Traditions.

An NA Group is a gathering of members who function together according to the Steps and Traditions, hold at least one regularly scheduled weekly NA meeting, and are an integral part of each other's recovery.

Narcotics Anonymous is about complete abstinence and recovery from addiction. An NA Home Group is where committed members focus their sharing and carry the message to the addict who still suffers.

In our twelve step work, we usually bring a new person to a meeting of our Home Group. This is because the primary purpose of an NA Group is to carry the message to the addict who still suffers. Each group naturally designs its "atmosphere of recovery" to meet the needs of its members. One of our basic needs as recovering addicts is to carry the message: to give it away so we may keep it. Our Group is composed of people like us whose ideas of recovery resemble ours, who want to help us while helping themselves. This makes our Group feel like home.

Home Groups are mentioned

at many meetings. Ask the people attending your meeting if they have a Home Group or if they can describe what a Home Group is and how to use one. New NA members usually have little or no understanding of how a Home Group works, nor have they joined one. Some members even misunderstand the concept of a Home Group to the extent of claiming to have two or more.

More Will Be Revealed...

This article will be an ongoing feature in coming issues of this newsletter.

"An NA Home Group is where committed members focus their sharing and carry the message to the addict who still suffers." Volume 1, Issue 1 Page 3

Clean Time Anniversaries

Kyle H. (WAGS) Celebrated 3 Years on 10/31 Jo C. (STASCNA) Celebrated 28 Years on 10/31 Bruce N. (WAGS) Celebrated 2 Years on 11/11 John B. (NEOASCNA) Celebrated 1 Year on 11/18 Heather C. (WRASCNA) Celebrated 18 Months on 11/23 Francis W. (WAGS) Celebrated 1 Year on 11/23 Pam S. (NEOASCNA) Celebrated 10 Years on 11/28 Renee P. (STASCNA) Celebrated 26 Years on 11/28 Heather S. (WRASCNA) Celebrated 1 Year on 11/30

Submit your clean date for inclusion in the BRSCNA Bulletin by emailing brscnanewsletter@gmail.com

Please include your first name, last initial, date including year, and your Area.



Buckeye Region Anniversaries and Activities

١	•	12/13/12	Back to Basics 24th Anniversary	6-9pm
l			United Methodist Church, South Euclid, OH	
l	•	12/15/12	STASCNA Saturday Night Survivors Game Nights	9-11pm
l			3rd Saturday of the month through March; Mtg before at 7:30pm	
l			Grace United Church, Canton, OH	
l	•	12/15/12	Big NA Extravaganza	6:00pm
l			Tickets: \$3 advance, \$5 door	
l			New Freedom Ministries, Cleveland, OH	
l	•	12/20/12	NEOASCNA Holiday Dinner	6:00pm
l			\$5 per adult, children free	
l			517 Belle Vista, Youngstown, OH	
l	♦	12/23/12	Blind, Crippled, Crazy NA Group Christmas Celebration	5-9pm
l			Bainbridge Recovery Club, Chagrin Falls, OH	
l	•	12/24/12	WRASCNA Annual Christmas Marathon	6-12am
l			Church on the Boulevard, Akron, OH	
l	•	12/25/12	WRASCNA Annual Christmas Marathon	8-6pm
l			Church on the Boulevard, Akron, OH	
l	•	12/31/12	LEGS-GLASCNA-WAGS New Year's Eve Party	6-12am
l			Bethany Presbyterian Church, Cleveland, OH	
١	•	1/1/13	LEGS-GLASCNA-WAGS New Year's Eve Party	12am-6pm
۱			Bethany Presbyterian Church, Cleveland, OH	
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For more detailed information on these and other activities in our Region, please go to www.nabuckeye.org/activities where you can access flyers and the Buckeye Region calendar. Space limitations make it difficult to include every event so if there is something you would like highlighted, please email the details to brscnanewsletter@gmail.com

Buckeye Region of Narcotics Anonymous



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Buckeye Region Literature Subcommittee

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The BRSCNA Bulletin needs your help! We are in need of submissions; a personal story, reflection on NA literature, creative recovery writings, an expression of gratitude, or artwork.

We ask that submissions express a clear NA message and use NA language. We may edit for length, clarity, or compliance with our Traditions. All submissions must have a signed release form which can be found below.

Send your submissions and release form to the BRSCNA Literature committee at:

brscnanewsletter@gmail.com

THANK YOU FOR YOUR SUPPORT!

This release form can be cut out or photocopied and attached to your submission. You can also access a copy on the BRSCNA Region website by visiting the Newsletter page.



Release Form

Email: brscnanewsletter@gmail.com

I hereby grant permission to the Buckeye Region Literature Subcommittee to publish the attached original material. I understand that this material may be edited for use in the Buckeye Region Newsletter.

Signature: Phone Number:					
Date:					
Check if applicable:					
I wish for th	is piece to be published anonymously.				

The opinions expressed in the Buckeye Region Newsletter do not necessarily reflect the opinions of any member of the subcommittee or that of NA as a whole. All submissions become the property of the Buckeye Region Newsletter whether or not you sign the release form. Submissions may be edited for length, language, and adherence to the Twelve Traditions of Narcotics Anonymous.